

General Level 7

1. Which of the following statements is correct?
 - a. A elements are worth 0.1 each.
 - b. B elements are worth 0.2 each.
 - c. Elements may be performed multiple times but can only receive value part credit one time.
 - d. Two A elements can replace one B element.

2. What value parts are required at Level 7?
 - a. 4 A's and 4 B's
 - b. 5 A's and 1 B
 - c. 5 A's and 2 B's
 - d. 4 A's and 3 B's

3. Which of the following statements is correct?
 - a. Allowable C skills can count as B value parts.
 - b. Level 7 gymnasts can perform one C dance value part without penalty.
 - c. A C acro skill will receive a 0.5 deduction but can fulfill a special requirement.
 - d. A and B are correct.
 - e. All of these statements are correct.

4. Which of these is not a chief judge deduction?
 - a. Overtime
 - b. Failure to remove board
 - c. Coach remains next to the beam throughout routine
 - d. Failure to present after exercise
 - e. These are all chief judge deductions.

Vault Level 7

1. Which of the following statements is correct?
 - a. The gymnast must perform two different vaults.
 - b. The gymnast is allowed two attempts to complete at least one vault.
 - c. If the gymnast performs a "belly slide" on the table, it is considered a void vault and receives a zero score.
 - d. The scores of the two vaults are averaged.

2. Which of the following statements is correct?
 - a. Tsukahara entry vaults should be completed with a $\frac{1}{2}$ (180°) turn in the pre-flight.
 - b. Tsukahara entry vaults are allowed a slight bend of the lead arm.
 - c. If a gymnast falls on her first vault attempt and an injury is being assessed, she will be allowed a maximum of 2 minutes after the completion of the judgement to leave the landing area.
 - d. B and C are correct.

3. What is the deduction if the gymnast arrives on the table at 45° from vertical?
 - a. 0.1
 - b. 0.2
 - c. 0.3

d. No deduction

4. What is the deduction if the head contacts the table during the support phase?
- a. 0.2
 - b. 0.5
 - c. 1.0
 - d. 2.0

General Level 8

1. What is the correct range for the following scores? 9.2 8.7 9.0 8.3
- a. 0.2
 - b. 0.5
 - c. 0.7
 - d. 1.0
2. What value parts are required at Level 8?
- a. 4 A's and 4 B's
 - b. 5 A's and 1 B
 - c. 5 A's and 2 B's
 - d. 4 A's and 3 B's
3. Which is the deduction if a Level 8 performs an acro C element on Floor?
- a. No deduction
 - b. 0.3 from the average by the chief judge
 - c. 0.5 from the average by the chief judge
 - d. 0.5 taken by each judge
4. Which of the following is correct?
- a. The deduction for bent arms is up to 0.5.
 - b. The deduction for legs crossed during a value with a twist is 0.05.
 - c. The deduction for a large step of jump on landing is up to 0.2.
 - d. The deduction for incomplete turn or twist on UB, BB, and FX is up to 0.2.

Vault Level 8

1. What is the maximum deduction for hip angle in the first flight phase?
- a. 0.1
 - b. 0.2
 - c. 0.3
 - d. 0.5
2. What is the maximum deduction for prescribed LA turn begun too late in the second flight phase?
- a. 0.1
 - b. 0.2
 - c. 0.3

d. 0.5

3. Which of the following is correct?

- a. If the hand placement mat slips, it is considered person equipment failure and the vault can be repeated without penalty.
- b. The Safety Zone mat may only be used for Round-off entry vaults.
- c. The deduction for using an alternative springboard is 1.0.
- d. The vault is scored if the gymnast lands on the hands and bottom of the feet simultaneously.

4. Which of the following is correct?

- a. If a gymnast vaults without a signal but both judges see the vault, it may be scored.
- b. If the coach spots the gymnast during the post-flight phase of a salto vault, the vault is scored and each judge takes a deduction of 1.0
- c. If a gymnast lands with feet more than hip width apart and then takes three steps, the deduction is 0.4.
- d. B and C are correct.

Level 7 General

- 1 A
- 2 C
- 3 D
- 4 E

Level 7 Vault

- 1 C
- 2 B
- 3 D
- 4 D

Level 8 General

- 1 C
- 2 A
- 3 A
- 4 D

Level 8 Vault

- 1 B
- 2 D
- 3 D
- 4 B