

Floor Exercise - Composition Guidelines

| CHOICE OF ACRO | | | | | | |
|----------------|--|---|--|-----------------------------|--|--|
| | LEVEL 8 | | LEVEL 9 | | LEVEL 10 | |
| ^0.20 | 3 Acro Passes | 2 Acro Passes | 3 Acro Passes | 2 Acro Passes | 3 Acro Passes | 2 Acro Passes |
| No Ded. | B - B - B OR B - B - A+B Dir. | A/B + B SALTOS (Direct) ea. pass | C - C - C OR C - C AND B+B | C Salto/Acro CV ea. pass | D/E - D/E - D/E OR D/E - D/E - B+C | E - E OR E - D + Salto CV Direct |
| 0.05 | B - B - A+A Dir. | B - 2 Salto w 1B | C - C - B+A Dir. | C - C Acro CV | D - D - C+A | 2 Salto w D + 2 Salto w D OR E - D+Salto Ind |
| 0.10 | B - B - A OR B - A - A+A Dir. | B - A+A Direct OR B+B Dir/Ind - A+A Ind | C - B+B Dir - B+D Dir OR C - C - B or B+A | C - C+B Indirect | D - D - C or less OR D - C+A/B - C+B | D - 2 Salto w D OR E - 2 Salto w C CV |
| 0.15 | B - A - A | B - A+A Indirect or less | C - B+B Dir - B Salto | C - C+A Indirect | D - C+A/B - C+B Indirect OR D - C+B - C or less | D - 2 Salto w C+B CV OR C - 2 Salto w D OR E - 1/2 Salto w B+B or less |
| 0.20 | No B Saltos | | No C Saltos | No B Saltos | No D/E Saltos | D - 2 Salto w/o CV |

| CHOICE OF DANCE | | | |
|-----------------|-----------|---------------------------|-----------------------------|
| ^0.20 | LEVEL 8 | LEVEL 9 | LEVEL 10 |
| No Ded. | 2 B + 1 A | 2 C OR 1 C + 1 D/E | 3 C OR C + 1 D/E |
| 0.05 | B - B | C - B | C - C - B OR C - D/E |
| 0.10 | B - A - A | C | C - C OR B - D/E |
| 0.15 | B - A | B - B | C - B OR D/E |
| 0.20 | A | B | C OR B-B |

| CHOICE OF DISMOUNT | | | |
|--------------------|--|--|--|
| ^0.10 | LEVEL 8 | LEVEL 9 | LEVEL 10 |
| No Ded. | B Salto | C Salto OR B+B Direct | D/E Salto OR C+B Direct |
| 0.05 | A+A Dir/Ind | B+B Ind OR B+A Dir | C+B Ind OR C+A Dir |
| 0.10 | Isolated A Salto OR Non-Salto Acro Fit | B+A Ind (or less) OR Isolated B Salto (or less) | C+A Ind (or less) OR Isolated C Salto (or less) |

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| FX — SPECIFIC COMPOSITIONAL DEDUCTIONS | |
|--|---|
| ↑0.10 | Insufficient Use of Floor Space — Spatially—Floor pattern |
| • <u>0.10</u> | Lack of Variety in Choice of Acro 1. Fail to perform Saltos/Aerials in 2-directions a. BWD and FWD/SWD b. Arabian considered FWD |
| • <u>0.10</u> • <u>0.10</u> • <u>0.20</u> | Lack of Variety in Choice of Dance 1. Overuse-more than (2) same shape (tuck/wolf) w/w/o turn 2. More than (1) leap/jump in straddle w/w/o turn 3. Lack of 1/1 (360°) turn on 1-foot, minimum 'B' <i>NOTE: Each overused shape receives deduction of •0.10</i> |
| ↑0.20 | Choice of Acro not up to Competitive Level See Appendix 15—FX Acro |
| ↑0.20 | Choice of Dance not up to Competitive Level See Appendix 15—FX Dance |
| ↑0.10 | Choice of Last Salto not up to Competitive Level See Appendix 15—FX Last Salto |
| • <u>0.30</u> • <u>0.30</u> • <u>0.30</u> | Lack of Specific Salto VP within 1. L8—Lack min. three (3) 'A' saltos 2. L9—Lack min. 'B' salto (in addition to SR #4) 3. L10—Lack min. 'C' salto (in addition to SR #4) |
| <i>Composition deductions NOT applied at L6 7</i> | |