

Floor Exercise - Composition Guidelines

CHOICE OF ACRO						
	LEVEL 8		LEVEL 9		LEVEL 10	
^0.20	3 Acro Passes	2 Acro Passes	3 Acro Passes	2 Acro Passes	3 Acro Passes	2 Acro Passes
No Ded.	B - B - B OR B - B - A+B Dir.	A/B + B SALTOS (Direct) ea. pass	C - C - C OR C - C AND B+B	C Salto/Acro CV ea. pass	D/E - D/E - D/E OR D/E - D/E - B+C	E - E OR E - D + Salto CV Direct
0.05	B - B - A+A Dir.	B - 2 Salto w 1B	C - C - B+A Dir.	C - C Acro CV	D - D - C+A	2 Salto w D + 2 Salto w D OR E - D+Salto Ind
0.10	B - B - A OR B - A - A+A Dir.	B - A+A Direct OR B+B Dir/Ind - A+A Ind	C - B+B Dir - B+D Dir OR C - C - B or B+A	C - C+B Indirect	D - D - C or less OR D - C+A/B - C+B	D - 2 Salto w D OR E - 2 Salto w C CV
0.15	B - A - A	B - A+A Indirect or less	C - B+B Dir - B Salto	C - C+A Indirect	D - C+A/B - C+B Indirect OR D - C+B - C or less	D - 2 Salto w C+B CV OR C - 2 Salto w D OR E - 1/2 Salto w B+B or less
0.20	No B Saltos		No C Saltos	No C Saltos	No D/E Saltos	D - 2 Salto w/o CV

CHOICE OF DANCE			
^0.20	LEVEL 8	LEVEL 9	LEVEL 10
No Ded.	2 B + 1 A	2 C OR 1 C + 1 D/E	3 C OR C + 1 D/E
0.05	B - B	C - B	C - C - B OR C - D/E
0.10	B - A - A	C	C - C OR B - D/E
0.15	B - A	B - B	C - B OR D/E
0.20	A	B	C OR B-B

CHOICE OF DISMOUNT			
^0.10	LEVEL 8	LEVEL 9	LEVEL 10
No Ded.	B Salto	C Salto OR B+B Direct	D/E Salto OR C+B Direct
0.05	A+A Dir/Ind	B+B Ind OR B+A Dir	C+B Ind OR C+A Dir
0.10	Isolated A Salto OR Non-Salto Acro Fit	B+A Ind (or less) OR Isolated B Salto (or less)	C+A Ind (or less) OR Isolated C Salto (or less)

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FX — SPECIFIC COMPOSITIONAL DEDUCTIONS	
↑0.10	Insufficient Use of Floor Space — Spatially—Floor pattern
• <u>0.10</u>	Lack of Variety in Choice of Acro 1. Fail to perform Saltos/Aerials in 2-directions a. BWD and FWD/SWD b. Arabian considered FWD
• <u>0.10</u> • <u>0.10</u> • <u>0.20</u>	Lack of Variety in Choice of Dance 1. Overuse-more than (2) same shape (tuck/wolf) w/w/o turn 2. More than (1) leap/jump in straddle w/w/o turn 3. Lack of 1/1 (360°) turn on 1-foot, minimum 'B' <i>NOTE: Each overused shape receives deduction of •0.10</i>
↑0.20	Choice of Acro not up to Competitive Level See Appendix 15—FX Acro
↑0.20	Choice of Dance not up to Competitive Level See Appendix 15—FX Dance
↑0.10	Choice of Last Salto not up to Competitive Level See Appendix 15—FX Last Salto
• <u>0.30</u> • <u>0.30</u> • <u>0.30</u>	Lack of Specific Salto VP within 1. L8—Lack min. three (3) 'A' saltos 2. L9—Lack min. 'B' salto (in addition to SR #4) 3. L10—Lack min. 'C' salto (in addition to SR #4)
<i>Composition deductions NOT applied at L6 7</i>	